

AUTHOR QUESTIONS AND ANSWERS



1. Where are you from?

“I was born and raised in Toronto, Canada.”

2. What inspired you to write this relationship self-help book, *Project Intimacy*?

“My parents divorced when I was two years old. Growing up, I always wondered why so many couples failed or felt like something important was missing from their relationships. I remember I’d ask, ‘Mum, if two people love each other why don’t they stay together?’ Her answer was something like, ‘Sometimes life just doesn’t work out that way, it’s complicated.’ I also didn’t understand why people would stay together if they just weren’t happy. From that early age on, I cared about finding a way to help people stay happy together. To me, relationships are the most important things in our lives.”

3. What are your credentials?

“I earned my Bachelor of Arts in Psychology, Master of Science in Criminal Justice, and an Education Specialist degree in School Counseling. My entire life I’ve always been interested in how relationships work, specifically what gives people the best chance at happiness. Growing up, I was that guy people felt comfortable sharing their relationship problems with. This gave me valuable insight into what issues were most common, their root causes, and what solutions seemed to work.”

4. Is *Project Intimacy* mainly for people having problems in their relationships?

“No, not at all. I can honestly say, anyone who reads *Project Intimacy* will be holding the blueprints to love. If someone’s single or in a relationship that’s going strong, they’d still want to hear about this. For example, if you looked down on a table and saw the Blueprints to Love, wouldn’t you want to look inside regardless of your situation? If you really thought the answers might be in there, I think you’d take a look. *Project Intimacy* is for anyone who wants to know what they need to do to experience true love.”

5. Why should someone buy your book over all the others? What sets yours apart?

“*Project Intimacy* reveals a never-before-seen technique that shows you, step by step, how to create the deepest intimacy possible between two people. Now, a couple’s success can be dependent on their willingness to succeed taking chance out of the equation. I assure you this technique hasn’t been seen before! The only place it exists is in my book. The problem I find with other relationship self-help books is they offer band-aid solutions. For example, if someone keeps touching a hot stove, instead of retreating the burn, doesn’t it make sense to treat the reason they keep touching the stove? *Project Intimacy* doesn’t deal with symptoms, it travels past them to the cause. That is where true change takes place and is possible.”

6. Can *Project Intimacy* help anyone with any issue? Can they get quick results?

“Yes. *Project Intimacy* relies almost entirely on a person’s will to succeed. Since we all possess will it applies to all of us. It also has the potential to solve any issues we may be having. As to a timeline for results, it’s truly up to the individual. Once a person’s equipped with this knowledge it depends how fast or slow they choose to apply it. If you had a motivated couple, they could see results in just hours.”

7. Why do you think so many couples fail, or feel like something important is missing from their relationships?

“I think it’s because no one ever taught us how to create and sustain an intimate relationship. No one ever taught us how to truly connect with a partner. Without this essential connection, people feel unloved and alone inside. If this disconnect continues, the relationship slowly dies. If they choose to stay together, they’re both very aware of what’s missing. However, when you have a true connection you feel loved, cared for, and alive. That’s what *Project Intimacy* is all about, showing people how to create this healthy essential connection.”

8. Do you recommend people read your book before seeing a counselor?

“Yes! If they’re not in a dangerous situation, they should try this first! Look at all the benefits it can offer. It’s new, so they’ll have never tried this before. The cost savings is obvious and they could potentially get answers in hours, not months. Also, if after trying a couple still wanted to get help, how great would it be to go in prepared. They could say, here’s what we want to achieve, here’s where we’re running into problems, can you help us? If I was their counselor I’d love that scenario. I’d immediately know what their goals were and what obstacles were getting in their way. Sessions could be specifically tailored to solving those issues. When clients genuinely feel you’re both on the same page, they’re more engaged, hopeful, and the odds of success significantly increase.”

9. Where can people find your book, *Project Intimacy*, and what is the price?

“*Project Intimacy* can be found on my website, www.projectintimacy.com. The ebook is priced at \$9.99 to make it affordable for everyone. They can purchase it directly from my website or follow links to other retailers where it’s also available in softcover and hardcover.”

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